

SSVP News – May 2016

Here is a summary of our SSVP group's activities for **May 2016**:

1. SSVP First Friday Evening Prayer: Please join us at 7:00 p.m. on **Friday, May 6**, at CtR for our SSVP First Friday Evening Prayer, to be followed by a brief social get-together. Prayer, contemplation, and community are the foundations of all of our charitable works.

2. Hot Breakfast at The Door is Open: Our monthly hot breakfast at The Door is Open will be on **Saturday, May 7**, the 1st Saturday of the month. You can carpool from CtR at 6:00 a.m., and we start to serve breakfast at 7:00 a.m. We will be completely finished by about 8:20 a.m., and in time for the 9:00 a.m. Mass at CtR. If you are able to join us, and if you need a carpool, please contact me at shanenossal@icloud.com.

3. Lunch at The Door is Open: Our monthly lunch at The Door is Open will be on **Saturday, May 21**, the 3rd Saturday of the month. You can carpool from CtR after the 9:00 a.m. Mass, and we start to serve the lunch at 11:00 a.m. We will be completely finished by about 12:20 p.m. If you are able to join us, and if you need a carpool, please contact me at shanenossal@icloud.com.

4. Sancta Maria House: Cecilia Tng continues to coordinate our monthly assistance to Sancta Maria House. Sancta Maria House is a Catholic faith-based home of healing for women with addictions located in Vancouver. Please contact Cecilia at cecilia.tng@gmail.com if you would like to accompany her on her monthly visit to the residents of Sancta Maria House.

5. Emergency Lunch Boxes for the SSVP Thrift Store: As a result of a generous donation from two of our dedicated benefactors, we have recommenced our Emergency Lunch Boxes program. Alexandra Beckett assembles and delivers each month 50 emergency lunch boxes to the SSVP Thrift Store at Main and 12th Avenue in Vancouver. The lunch boxes comprise non-perishable food items, and are given away at the SSVP Thrift Store to people who ask for food for themselves and their families.

6. Rides to Mass Program: If you are able to provide a ride to Mass, or know of someone who needs a ride to Mass, please contact John Low at jandjlow@telus.net.

7. Inglewood Care Centre: We are in the process of recommencing our regular visits to the residents of Inglewood Care Centre. If you are interested in joining us on these visits, which we usually make at 3:00 - 4:00 p.m. on Saturdays, please contact me at shanenossal@icloud.com for more information.

8. Monthly Meeting: Our next SSVP Monthly Meeting will be held at CtR at **7:00 p.m. on Wednesday, May 11**, the 2nd Wednesday of the month.

Thank you again for all of your support for our SSVP group's activities. If you have any questions about them, or if you have any suggestions for other charitable activities that we should get involved with, please e-mail me at shanenossal@icloud.com.

Yours,

Shane Nossal